

SANT GADGE BABA AMRAVATI UNIVERSITY, AMRAVATI
Basket of Open Elective Courses in Faculty of Interdisciplinary Studies

As Per National Education Policy (NEP)-2020 FIRST YEAR: SEMESTER– I
or II Level-4.5 or 5

Generic open Elective							
Level	Sem	Course Code	Course Name	Credits	Teaching Hrs	Exam Duration	Max Marks
4.5 or 5	I or II		Sujok Therapy course for Youngsters	2	30	2 Hrs	50

Objectives	<ol style="list-style-type: none"> 1. To train and develop each competent candidate joining the course in theoretical and practical aspects of Sujok Therapy as a non conventional health and well being science, in each academic year, 2. In every academic year, to empower each of those candidates joining this course to independently shoulder responsibility to utilize the knowledge and skills learnt in the course for the treatment of needy persons of the society. Able to give first aid to needy persons 3. To encourage each candidate joining the course in every academic year to pursue due research in the different areas of treatments by Sujok Therapy Sciences, 4. To try level best to provide employment and or assist in self employment so as to rightfully earn livelihood after successful completion of the course, in each academic year. 	
Course Outcomes	<p>After successfully completing the course, students will be able to:</p> <ol style="list-style-type: none"> 1. Apply knowledge as Sujok Therapist 2. Help to heal the patient without any medications 3. Self employability 	
Unit	Content	Hours
Unit I	Introduction: Sujok- Concepts, Elements and Scope, Theory of Yin-Yang,	7
Unit -II	Principle of Similarity, Similarity in number, location, directions, size, proportion and segment	7
Unit-III	Correspondence Standard, Correspondence System, Insect Correspondence System, Mini Correspondence	8
Unit IV	Different Modalities of Treatment, Pressure and Massage, Application of different types of Seed, star magnet, byol magnet, bar magnet, round magnet, chakra magnet, needle, colour, light etc	8

References:

1. Nurjannah, Intansari and Hariyadi, Ki (2021) Su Jok as a complementary therapy for reducing level of pain: A retrospective study. 43. doi.org/10.1016/j.ctcp.2021.101337
2. SIX KI ENERGY THERAPY WITH SU JOK METHOD-APP IN ENGLISH VERSION Intansari Nurjannah, SKp., MNsc., PhD Sujok Therapist
3. Woo, Park Jae (2009) The triorigin world. Smile Meditation Academy.
4. Woo, Park Jae (2003) Twist therapy. Sujok Academy
5. Woo, Park Jae The Six Energy Theory Illustrated Handbook. Jaipur, Smile Academy. 248. ISBN 81-902084-6-2